

MINUTES: Healthy Carolinians of Macon County - Chronic Disease Committee

DATE: September 8, 2009

PLACE: Angel Medical Center

TIME: 8:30 - 10:00 AM

ATTENDEES: Rhonda Blanton, Sherry Dills, Jennifer Garrett, Sherry Held, Jennifer Hollifield, Kathy McGaha and Mary Tyson

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today's meeting of the Chronic Disease Committee. Ms. McGaha asked the committee members to review the minutes of the last meeting. Jennifer Garrett motioned for the approval of the minutes. Jennifer Hollifield 2 nd the motion, with a unanimous vote for approval.		
MCPHC Chronic Disease Update	Jennifer Hollifield updated the committee members on MCPHC Chronic Disease programs: <ol style="list-style-type: none">1. Girls on the Run - Ms. Hollifield said the program will start on September 21st at South Macon Elementary School. Melissa Leatherman will be in charge of the program. The final event will be a 5K Run on December 12th in Asheville.2. Diabetes Self-Management Class - Kay Hilty is currently in the process of data collection. Ms. Hollifield will update the committee on this program at the next meeting.3. TRU Clubs - Ms. Hollifield reported that Liz Crawford is in the process of starting TRU Clubs at Franklin High School, Macon Middle School and Highlands School. Ms. Crawford is in the process of developing brochures and setting up teacher contacts at each school.4. NOT Leader Training - Ms. Hollifield said Sherry Dills will be taking training for the NOT Program. This program is focused on youth tobacco cessation.5. Walk to Jerusalem - Ms. Hollifield announced the next program will start on January 10th and run through April 30th. She said four churches have agreed to participate:<ol style="list-style-type: none">a. First United Methodist Church		

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	<p>b. Holly Springs Baptist Church c. Watauga Baptist Church d. Iotla Baptist Church</p> <p>Ms. Hollifield will meet with Prentiss Church of God to see if they will be the fifth church.</p> <p>6. Ladies Night Out - Ms. Hollifield said this program will start on October 27th and will be held on the fourth Tuesday of every month except December. Ms. Hollifield said the American Cancer Society has given \$1000 for the program and \$8000 will come from the Macon Community Funding Pool. Bi-Lo has also agreed to be a corporate sponsor. Ms. Hollifield said the program will jointly be promoted by AMC and MCPHC at the upcoming Macon County Fair later this month and at Pumkinfest in October.</p> <p>7. Prevention RX - Ms. Hollifield said an introductory letter has been sent out to the local doctors offices.</p>		
<p>Childhood Obesity Efforts</p>	<p>Kathy McGaha said she is still trying to gather information on any obesity initiatives going on in Macon County. Ms. McGaha said Becky Barr had forwarded some information onto her.</p> <p>Ms. McGaha reminded the committee members when gathering this information, she would like the following information on each initiative or program:</p> <ul style="list-style-type: none"> * Title of each program or course * Brief Description * Contact Name * Contact Phone Number * Email address if appropriate <p>Ms. McGaha asked the committee members to please forward this information onto her and she would bring a compiled list to the next meeting.</p>	<p>Committee members will forward obesity information onto Kathy McGaha. Ms. McGaha will compile this information and bring it to the next meeting.</p>	

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Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Rhonda Blanton passed out a handout with the dates and times for the upcoming Rabies Clinic. ○ Rhonda Blanton also passed out a handout with the dates and times for the upcoming seasonal flu shot clinics being scheduled by the Macon County Public Health Center. ○ Rhonda Blanton also reminded the committee members of the upcoming School Health Fairs and passed out a volunteer form with the dates for each school. ○ Rhonda Blanton announced that the Town of Franklin had just passed an ordinance to ban tobacco use in town buildings and vehicles. Ms. Hollifield said she would follow up on this and report more at the next meeting. ○ Rhonda Blanton announced that she had met with Alan Durden yesterday concerning the Macon Community Garden. Ms. Blanton said Mr. Durden will be giving her more information and she will bring this to the next meeting. ○ Jennifer Garrett announced that Jackson and Macon counties have been awarded a PEP Grant. This grant is in the amount of \$1.4 million to be distributed over three years. The committee members ask if Ms. Garrett could obtain a copy of the grant and bring it to the next meeting. ○ Sherry Held announced that a second fruit selection is now available for breakfast in the school system. 	<p>Jennifer Hollifield will get further information on the tobacco ordinance just passed by the Town of Franklin.</p> <p>Rhonda Blanton will bring information to the next meeting concerning Macon Community Garden.</p> <p>Jennifer Garrett will obtain a copy of the PEP Grant and bring it to the next meeting.</p>	
Next Meeting Date	The date for the next meeting of the Chronic Disease Committee will be determined at a later date.		